



HOW TO DEVELOP A Growth Mindset

INSTEAD OF THIS

SAY/THINK THIS

I'M NOT GOOD AT IT.



WHAT CAN I LEARN TO
GET BETTER AT IT?

I CAN'T DO IT.



I'M STILL LEARNING HOW
TO DO IT.

WHAT IF I MAKE A
MISTAKE?



MISTAKES ARE HOW WE
LEARN.

THIS IS TOO HARD.



I'LL PRACTICE MORE AND
IT WILL GET EASIER.

I DON'T KNOW HOW.



I CAN LEARN HOW.

I GIVE UP.



I CAN TRY A DIFFERENT
WAY.

EVERYONE IS BETTER
AT IT THAN I AM.



I CAN LEARN FROM THEM!